

# LAC DPH Advisory: Revised Evaluation Criteria for Coronavirus Disease 2019 (COVID-19)



February 29, 2020

This message is intended for all health care providers practicing in Los Angeles County.

Please distribute as appropriate.

### **Key Messages**

- The Centers for Disease Control and Prevention (CDC) have updated their <u>criteria</u> for evaluation of persons with suspected coronavirus disease-19 (COVID-19). Based on the CDC criteria, the Los Angeles County Department of Public Health (LAC DPH) has updated the local evaluation criteria for COVID-19.
- Healthcare providers should immediately report to LAC DPH any patients that meet LAC DPH criteria for evaluation for COVID-19 (see below).
- Healthcare facilities should review their infection control procedures and infectious disease surge plans to ensure that they are ready for implementation in the event of widespread COVID-19 transmission in LAC.

#### Situation

To date, Los Angeles County has only had one confirmed case of COVID-19 in a non-resident traveler from China. A patient in Northern California with no known travel links or contact to a known case has recently been diagnosed with COVID-19. This patient is hospitalized and requiring ICU care. In light of this case, CDC released updated evaluation criteria.

The LAC DPH COVID-19 evaluation criteria differ from the CDC's and are intended to prioritize SARS-CoV-2 testing in a setting of limited local testing capacity. Providers should keep in mind that these evaluation criteria were developed to identify patients at highest risk for COVID-19.

Health care providers are advised to check the LAC DPH COVID-19 Healthcare Providers website for the most up to date local guidance and resources.

## **Actions Requested of Providers**

- Work with Facility Administrators to:
  - Place signage requesting visitors with a fever and respiratory symptoms and recent international travel to immediately notify healthcare staff.
  - Screen patients at triage for any signs or symptoms of febrile respiratory illness. If signs or symptoms are present, the healthcare worker should don a surgical mask. The patient should also be instructed to wear a surgical mask and be placed in a private room with the door closed or separated from others by at least 6 feet.

 Assess if the patient meets criteria for COVID-19 evaluation. Patients with milder presentations who do not meet COVID-19 evaluation criteria should be instructed to isolate at home until 24 hours after the resolution of fever and/or improvement of respiratory symptoms. Patients should contact their provider if symptoms worsen.

#### If patient meets COVID-19 evaluation criteria

- Implement additional infection control procedures for healthcare workers entering the room. These include standard precautions, contact precautions (gloves, gown), airborne precautions (N95 mask or PAPR), and the use of eye protection.
- Follow the LAC DPH <u>Provider Checklist</u> for evaluating patients who may have COVID-19.
- Promptly contact and report patient to LAC DPH. LAC DPH will advise on next steps, including patient testing and specimen collection, if indicated. Approval from LAC DPH is required before specimens can be submitted to the LAC Public Health Laboratory (PHL) for testing.

#### LAC DPH COVID-19 Evaluation Criteria

Clinical Features		Epidemiologic Risk Factors
Fever <b>or</b> signs/symptoms of lower respiratory illness (e.g. cough, shortness of breath)	and	Any person (including health care workers) who in the last 14 days before symptom onset has had close contact with a laboratory-confirmed COVID-19 patient
Fever <b>and</b> signs/symptoms of a community-acquired lower respiratory illness (e.g. cough or shortness of breath) <b>requiring hospitalization</b>	and	A history of travel from affected geographic areas* In the last 14 days before symptom onset
Fever with severe acute community acquired lower respiratory illness (e.g. pneumonia, ARDS) requiring ICU care without alternative explanatory diagnosis. (Must have negative rapid influenza/ RSV tests; and a negative molecular respiratory panel if this testing is available at the facility)	and	No source of exposure has been identified

<sup>\*</sup>Affected Geographic Areas with Widespread or Sustained Community Transmission China, Iran, Italy, Japan, South Korea. Last updated February 28, 2020

CDC defines affected areas as geographic regions where sustained community transmission has been identified. Relevant affected areas will be defined as a country with <u>at least</u> a CDC Level 2 Travel Health Notice. See all COVID-19 Travel Health Notices.

## Reporting

## Los Angeles County DPH Acute Communicable Disease Control:

- Weekdays 8:30am-5pm: call 213-240-7941.
- After-hours: call 213-974-1234 and ask for the physician on call.

## Long Beach Health and Human Services:

- Weekdays 8am-5pm: call 562-570-4302.
- After hours: call the Duty Officer at 562-500-5537.

#### Pasadena Public Health Department:

- Weekdays 8am-5pm (closed every other Friday): call 626-744-6089.
- After hours: call 626-744-6043.

#### **Additional Resources**

- LAC DPH coronavirus website http://www.ph.lacounty.gov/media/Coronavirus/
- LAC DPH coronavirus webpage for Health Professionals Includes travel alert posters and provider checklist http://publichealth.lacounty.gov/acd/nCorona2019.htm
- CDC coronavirus main website https://www.cdc.gov/coronavirus/2019-ncov/index.html
  - CDC coronavirus travel health notices <a href="https://www.cdc.gov/coronavirus/2019-ncov/travelers/">https://www.cdc.gov/coronavirus/2019-ncov/travelers/</a>
- CDC HAN 428 Update and Interim Guidance on Outbreak of Coronavirus Disease 2019 (COVID-19):

https://emergency.cdc.gov/han/2020/han00428.asp

- California Department of Public Health: <a href="https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019">https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019</a>.
   <a href="https://www.cdph.ca.gov/Programs/CID/Dcdc/Pages/Immunization/ncov2019">
- World Health Organization: https://www.who.int/health-topics/coronavirus

This communication was sent by Sharon Balter, MD, Director, Division of Communicable Disease Control and Prevention, Los Angeles County Department of Public Health

To view this and other communications or to sign-up to receive LAHANs, please visit <a href="http://publichealth.lacounty.gov/lahan">http://publichealth.lacounty.gov/lahan</a>